

For weeks I have been struggling.

I have failed to complete anything in my Salesforce journey for the last few weeks. No new Trailhead badges, no new projects, not studying for a new cert. Nothing

This weekend my wife and I went fishing and camping, which neither of us has done since childhood. No computers or Salesforce for me this weekend, and we just got away from it all. I have been putting so much stress on myself that I have not been allowed time to relax and recharge. This morning, as I sat down at my desk, I rejuvenated and ready to study for a new cert, complete a project, or solve a problem.

I encourage everyone to take a break and reset. I recommend getting out in nature if you can.

It will help reset your focus and mindset.